



Memorandum #2: New Rules (Sept 2017)

To: SNCTechnical Staff, Provincial EDs, OCRC members, Coaches (CSCTA), Officials

From: Bill Hogan, OCRC Chair

In addition to the Memorandum provided on September 18, 2017, please find additional information below specifically with regards to FINA rule SW 8.1. The FINA interpretation can be found [here](#):

SW 8.1 From the beginning of the first arm stroke after the start and each turn, the body shall be kept on the breast. It is not permitted to roll onto the back at any time, except at the turn after the touch of the wall where it is permissible to turn in any manner as long as the body is on the breast when leaving the wall.

It is important to note this rule change only removed the wording “Underwater kicking on the side is allowed”. The removed language does not mean that underwater kicking is not allowed, however removed any confusion to the overall rule. The body shall be kept on the breast, means it shall not be on the back. If a swimmer is on their side toward their breast and not on their back, that is allowed.

This rule ultimately did not change from what it is today, it simply removed language that was causing confusion.