

MONTHLY CHALLENGE - DÉFI DU MOIS

MASTERS SWIMMING - MAITRES NAGEURS



MONTHLY METERS ADD-UP - NOVEMBER CHALLENGE

DÉFI NOVEMBRE - COMBIEN DE MÈTRES EN UN MOIS

RESULTS - RÉSULTATS

Participation Prize	Dany Charest	LMRL
Prix de participation	Angèle Southière	CNMM
	Gail Pozniak	WRW
	Ian Washbrook	FTH

(mm:ss.00)

RANK	FAMILY NAME, NAME	YOB (YYYY)	Age		Total distance in meters
RANG	NOM, PRÉNOM	ADN (AAAA)	Âge	CLUB	Distance totale en mètres
	NAME	YEAR	AGE	CLUB	TIME
WOMEN - FEMMES 18-24					
1	<i>Panneton, Anabelle</i>	2000	23	CNMM	30,775
2	<i>Garneau, Eloane</i>	2004	19	LAVAL	22,800
3	<i>Spiess, Isabelle</i>	1999	24	OMSC	21,950
4	<i>Kruse, Casey</i>	2001	22	SSSM	14,050
5	<i>Siahmed, Ania</i>	2002	21	CNMM	13,000
6	<i>Harris, Julia</i>	2003	20	OMSC	7,950
7	<i>Simpson, Chyanne</i>	1999	24	OMSC	6,300
WOMEN - FEMMES 25-29					
1	<i>Henning, Katrina</i>	1994	29	RMMSC	33,700
2	<i>Siino, Véronique</i>	1998	25	CNMM	18,950
3	<i>Graveline, Elisabeth</i>	1994	29	CNMM	13,200
4	<i>DION, Anne-Sophie</i>	1996	27	CNSF	9,150
5	<i>Grondin-nadreau, Naomie</i>	1996	27	CNMM	9,000
6	<i>Henry, Toini</i>	1994	29	WRW	8,100
7	<i>Sheard, Emily</i>	1994	29	WRW	6,600
8	<i>Trudeau, Naomi</i>	1994	29	CNMM	5,900
9	<i>Lemay, Alexandrine</i>	1994	29	CNMM	2,800
WOMEN - FEMMES 30-34					
1	<i>Jones, Cassandra</i>	1991	32	CBSC	49,200
2	<i>Thivierge, Elise</i>	1992	31	LMRL	29,900
3	<i>Baker, Lia</i>	1989	34	WRW	14,800
4	<i>HUDON, Magalie</i>	1992	31	CNSF	7,400
5	<i>Morales, Isabelle</i>	1991	32	OMSC	4,350
6	<i>Marquis, Marie-Pier</i>	1989	34	LMRL	3,800
7	<i>Saindon, Laurie</i>	1991	32	LMRL	3,200
WOMEN - FEMMES 34-39					
1	<i>Eroglu, Biricik</i>	1984	39	WRW	45,600
2	<i>Dumont, Andrée-Anne</i>	1984	39	LMRL	38,700
3	<i>Marcoux-Fafard, Maude</i>	1984	39	CNMM	31,600
4	<i>Kuindersma, Sarah</i>	1988	35	OMSC	22,900
5	<i>Ouellet, Gabrielle</i>	1988	35	LMRL	17,525
6	<i>Pelletier, Marie-Pierre</i>	1984	39	LMRL	15,400
7	<i>Pegueros, Monica</i>	1988	35	WRW	13,100
8	<i>Emond, Laurie</i>	1988	35	LMRL	12,450
9	<i>Fournier, Manon</i>	1985	38	LMRL	11,900
10	<i>Rejminiak, Katharine</i>	1988	35	WRW	9,000
11	<i>Conti, Valerie</i>	1986	37	WRW	8,800
12	<i>ALLARD, Marie-Ève</i>	1986	37	CNSF	7,850
13	<i>Dumas, Maryline</i>	1986	37	LMRL	7,000
14	<i>Keeler, Michelle</i>	1984	39	OMSC	6,050
15	<i>LACASSE, Claudia</i>	1987	36	CNSF	5,850
16	<i>Mcdougall, Megan</i>	1984	39	OMSC	4,650
17	<i>Brodie, Connor</i>	1984	39	WRW	4,000

18	<i>Morneau, Marie-France</i>	1987	36	LMRL	1,450
WOMEN - FEMMES 40-44					
1	<i>Beaurivage Sabrina</i>	1982	41	RL	52,100
2	<i>Stenner, Julie</i>	1981	42	NOMAD	45,500
3	<i>Côté, Sarah</i>	1983	40	CNMM	22,650
4	<i>Ménard, Caroline</i>	1982	41	CNMM	22,450
5	<i>Pothier, Maxime</i>	1980	43	CNMM	22,050
6	<i>Couzens, Kristine</i>	1981	42	MMAC	20,250
7	<i>Fortin, Brigitte</i>	1979	44	CNMM	20,150
8	<i>Charbonneau, Mélissa</i>	1981	42	CNMM	18,900
9	<i>Brakchi, Dalila</i>	1980	43	CNMM	17,700
10	<i>Roch, Julie</i>	1982	41	CNMM	16,800
11	<i>Scott, Carly</i>	1980	43	WRW	15,400
12	<i>Tougas, Anne-Marie</i>	1980	43	CNMM	14,300
13	<i>Cottineau, Émilie</i>	1980	43	CNMM	14,000
14	<i>Dumont, Chantale</i>	1982	41	LMRL	11,400
15	<i>Kay, Bonnie</i>	1983	40	CNMM	10,900
16	<i>Surtees, Victoria</i>	1983	40	WRW	10,000
17	<i>Robison, Jen</i>	1980	43	SSSM	9,850
18	<i>Neilson, Briana</i>	1983	40	OMSC	9,400
19	<i>Bédard, Audrée</i>	1982	41	CNMM	9,250
20	<i>PARÉ, Caroline</i>	1979	44	CNSF	8,100
21	<i>Brosseau, Ann</i>	1982	41	CNMM	7,400
22	<i>Pitard, Aurélie</i>	1983	40	LMRL	6,100
23	<i>Landry, Vicky</i>	1983	40	LMRL	5,900
24	<i>Chen, Carina</i>	1983	40	OMSC	5,600
25	<i>Davis, Jamie</i>	1981	42	OMSC	5,295
26	<i>Karim, Nafeesa</i>	1981	42	WRW	4,400
27	<i>Domingue, Eliane</i>	1979	44	OMSC	3,750
28	<i>Wiwchar, Darci</i>	1982	41	OMSC	3,150
29	<i>Dean, Courtney</i>	1980	43	OMSC	2,800
30	<i>Pelletier, Cathy</i>	1979	44	LMRL	2,100
31	<i>Arione, Amanda</i>	1981	42	WRW	2,000
WOMEN - FEMMES 45-49					
1	<i>Tanguay, Véronique</i>	1976	47	CNMN	63,850
2	<i>Acheson, Lynn</i>	1976	47	FTH	40,400
3	<i>Ménard, Natacha</i>	1974	49	CNMN	32,000
4	<i>Nantel, Julie</i>	1977	46	CNMN	30,100
5	<i>Jean, Maud</i>	1976	47	CNMN	28,000
6	<i>Sauvé, Marie-France</i>	1974	49	CNMN	27,500
7	<i>Maltais, Rebecca</i>	1975	48	LMRL	25,750
8	<i>Labrosse, Emille</i>	1976	47	LMRL	24,200
9	<i>Stephensen, Suzanne</i>	1977	46	CNMM	23,950
10	<i>White, Deborah</i>	1978	45	WRW	18,600
11	<i>Bayley, Natalie</i>	1978	45	WRW	18,200
12	<i>Dumont, Kelly</i>	1975	48	WRW	17,500
13	<i>Clifford, Cara</i>	1978	45	OMSC	16,000
14	<i>Aarbo-Guest, Kirsten</i>	1974	49	OMSC	13,400
15	<i>Watt, Robyn</i>	1976	47	OMSC	13,300
16	<i>Plourde, France</i>	1978	45	LMRL	12,200
17	<i>Cole-Klippenstein, Tara</i>	1977	46	OMSC	11,550
18	<i>Hurst, Pamela</i>	1978	45	OMSC	10,800
19	<i>Perks, Claire</i>	1978	45	OMSC	10,000
20	<i>Ross, Brandy</i>	1977	46	OMSC	8,825
21	<i>Gagne, Thalia</i>	1976	47	OMSC	7,700
22	<i>TURGEON, Marilynne</i>	1978	45	CNSF	7,650
23	<i>Tétreault, Bénédicte</i>	1977	46	CNMM	7,400
24	<i>Larouche, Caroline</i>	1977	46	LMRL	7,250
25	<i>Doyle, Emily</i>	1976	47	OMSC	6,650
26	<i>Vigneau Martine</i>	1978	45	CENIM	6,400
27	<i>Arishenkoff, Natasha</i>	1978	45	WRW	6,000
28	<i>Meshi, Rezarta</i>	1974	49	WRW	6,000
29	<i>Couto, Justyna</i>	1976	47	OMSC	5,650

30	<i>AMYOT, Caroline</i>	1974	49	CNSF	5,600
WOMEN - FEMMES 50-54					
1	<i>Irwin, Jackie</i>	1972	51	RMMSC	33,450
2	<i>Cyr, Christine</i>	1970	53	LMRL	24,550
3	<i>Marceau, Marie</i>	1972	51	CNMM	18,050
4	<i>Oickle, Ngan</i>	1973	50	OMSC	17,450
5	<i>Marquis, Annie</i>	1969	54	CNDA	14,300
6	<i>Croft, Edith</i>	1970	53	LMRL	14,000
7	<i>FORTIN, Isabelle</i>	1972	51	CNSF	13,250
8	<i>Labrie, Edith</i>	1972	51	LMRL	12,400
9	<i>Potvin, Veronique</i>	1973	50	LMRL	12,200
10	<i>Johnston, Ann</i>	1969	54	OMSC	12,100
11	<i>Marsh, Karin</i>	1972	51	OMSC	11,250
12	<i>Paquette, Anne</i>	1969	54	LMRL	10,800
13	<i>Kotowich, Julie</i>	1972	51	OMSC	7,750
14	<i>Gray, Sarah</i>	1973	50	WRW	7,000
15	<i>Zelez, Debbie</i>	1972	51	OMSC	6,850
16	<i>Laul, Sarah</i>	1972	51	WRW	6,600
17	<i>MUIRHEAD, Barbara-Ann</i>	1969	54	CNSF	5,850
WOMEN - FEMMES 55-59					
1	<i>Long, Jani</i>	1967	56	FTH	58,550
2	<i>Coulombe, Chantale</i>	1968	55	LMRL	45,250
3	<i>Leduc, Nathalie</i>	1968	55	CNMM	40,800
4	<i>Knox, Abby</i>	1968	55	OMSC	34,000
5	<i>Chapdelaine, Josée</i>	1967	56	CNMN	31,000
6	<i>Smart, Diane</i>	1966	57	FTH	30,000
7	<i>Beer, Heike</i>	1968	55	WRW	26,700
8	<i>Sauriol, Josée</i>	1965	58	CNMM	25,850
9	<i>Gariépy, Anne</i>	1964	59	ENC	23,800
10	<i>MCNISH, Jennifer</i>	1964	59	CLIP	18,650
11	<i>Herrick, Tiffany</i>	1967	56	OMSC	18,450
12	<i>Easton, Wendy</i>	1967	56	WRW	16,000
13	<i>Fontaine, Julie</i>	1966	57	CNMN	16,000
14	<i>McCormack, Elaine</i>	1966	57	WRW	15,300
15	<i>Musselman, Joey-Lynn</i>	1966	57	OMSC	14,675
16	<i>Vezina, Annie</i>	1968	55	LMRL	14,675
17	<i>Rioux, Chantale</i>	1966	57	LMRL	12,950
18	<i>Jackson, Iris</i>	1964	59	OMSC	12,350
19	<i>Strang, Ginny</i>	1968	55	WRW	10,500
20	<i>Middleton, Corrine</i>	1965	58	OMSC	10,200
21	<i>Wright, Tracy</i>	1965	58	WRW	8,800
22	<i>Proulx, Nathalie</i>	1967	56	CNMM	7,400
23	<i>Tandan, Tara</i>	1967	56	WRW	6,040
24	<i>Christensen, Gail</i>	1967	56	WRW	5,400
25	<i>Raven, Helen</i>	1966	57	WRW	4,200
WOMEN - FEMMES 60-64					
1	<i>Goldhawk, Cheryl</i>	1963	60	MMAC	60,000
2	<i>Stothers, Joanne</i>	1959	64	MMAC	45,200
3	<i>Brunet, Michèle</i>	1961	62	LMRL	40,100
4	<i>Morrison, Dianne</i>	1961	62	SSAC	32,100
5	<i>FORSTER, Margaret</i>	1959	64	UNBM	31,950
6	<i>Lam, Joanna</i>	1962	61	WRW	25,500
7	<i>Christopherson, Joanne</i>	1962	61	WRW	21,400
8	<i>Sterenber, Carolyn</i>	1961	62	OMSC	18,500
9	<i>Piche, Jennie</i>	1961	62	OMSC	16,000
10	<i>Haliburton, Hilary</i>	1963	60	OMSC	15,650
11	<i>Robinson, Diane</i>	1962	61	WRW	14,000
12	<i>McCutcheon, Jennifer</i>	1962	61	WRW	13,200
13	<i>Heintz, Gretta</i>	1961	62	WRW	13,000
14	<i>Steer, Carina</i>	1962	61	WRW	12,600
15	<i>McKee, Helen</i>	1962	61	OMSC	11,900
16	<i>Hunter, Gina</i>	1961	62	CNMM	11,700
17	<i>Verbeek, Phyllis</i>	1961	62	OMSC	10,600
18	<i>Biron, Guylaine</i>	1962	61	CNMM	9,800
19	<i>Léger, Brigitte</i>	1960	63	CNMM	9,800

20	<i>Pozniak, Gail</i>	1960	63	WRW	7,500
21	<i>Caldwell, Jaynie</i>	1960	63	OMSC	6,900
22	<i>Dougherty, Louise</i>	1962	61	OMSC	6,400
23	<i>Dolan, Patti</i>	1959	64	FTH	2,325
WOMEN - FEMMES 65-69					
1	<i>Stanley Wilson, Linda</i>	1958	65	WRW	41,800
2	<i>Desroches, Francine</i>	1956	67	CNMN	31,650
3	<i>KEMPTHORNE, Pam</i>	1956	67	CLIP	30,350
4	<i>Bienvenue, Josée</i>	1957	66	LMRL	29,425
5	<i>WILLIAMS, Deb</i>	1958	65	CLIP	25,600
6	<i>Allen, Moira</i>	1958	65	OMSC	18,500
7	<i>Fisher, Connie</i>	1958	65	CNMM	16,300
8	<i>McEachern, Sandra</i>	1954	69	OMSC	12,150
9	<i>Miller, Robyn</i>	1957	66	WRW	10,400
10	<i>Lequere, Dominique</i>	1957	66	LMRL	10,300
11	<i>Schock, Norma</i>	1958	65	OMSC	9,450
WOMEN - FEMMES 70-74					
1	<i>Selby, Susan</i>	1953	70	MMAC	36,000
2	<i>Gould, Ingrid</i>	1953	70	WRW	15,604
3	<i>Eurton, Valerie</i>	1951	72	WRW	14,800
4	<i>Southière, Angèle</i>	1950	73	CNMM	11,700
WOMEN - FEMMES 80-84					
1	<i>Brichon, Alida</i>	1941	82	WRW	7,600
2	<i>Schemmer, Sandy</i>	1942	81	WRW	5,200
MEN - HOMMES 18-24					
1	<i>Wilks, Wesley</i>	2000	23	DSM	24,900
2	<i>Burési, Rémi</i>	1999	24	CNMM	14,300
3	<i>Little, Jonathan</i>	2001	22	OMSC	11,400
4	<i>Thompson, Justin</i>	1999	24	SSSM	11,175
MEN - HOMMES 25-29					
1	<i>Miron, Xavier</i>	1996	27	CNMN	19,000
2	<i>JUTRAS, Justin</i>	1994	29	CNSF	7,400
MEN - HOMMES 30-34					
1	<i>Dalpe-Turcotte, Philippe</i>	1990	33	CNMN	30,500
2	<i>Ramirez-Romo, Sergio</i>	1992	31	CNMN	30,200
3	<i>Kraul, Tyson</i>	1993	30	WRW	4,000
MEN - HOMMES 35-39					
1	<i>Martineau-Beaulieu, Dominique</i>	1984	39	LMRL	30,000
2	<i>Marion, Frédéric</i>	1986	37	CNMN	26,500
3	<i>Vincent, Jeff</i>	1987	36	BACM	26,450
4	<i>Rosen, Michael</i>	1984	39	WRW	10,600
5	<i>Johnson, Michael</i>	1984	39	AMAM	5,450
6	<i>Spector, Jacob</i>	1985	38	OMSC	4,600
7	<i>Lebrun, James</i>	1988	35	WRW	4,400
MEN - HOMMES 40-45					
1	<i>Gauvin, Eric</i>	1980	43	CNMM	34,400
2	<i>Bélangier, François</i>	1979	44	CNMM	28,050
3	<i>Veldhoen, Nate</i>	1980	43	WRW	21,800
4	<i>Malenfant, Patrick</i>	1980	43	LMRL	21,800
5	<i>Biss, Marc</i>	1979	44	CNMN	18,000
6	<i>Pétrieux, Benjamin</i>	1982	41	CNMM	17,450
7	<i>Laprise, Sebastien</i>	1982	41	LMRL	15,800
8	<i>Melendy, Stephen</i>	1983	40	WRW	14,800
9	<i>Stewart, Colin</i>	1982	41	OMSC	12,350
10	<i>Aubert, Sébastien</i>	1981	42	CNMM	10,800
11	<i>Vary, Julien</i>	1983	40	CNMM	10,750
12	<i>Chouinard, Maxime</i>	1983	40	LMRL	8,000
13	<i>GUAY, Sébastien</i>	1980	43	CNSF	7,400
14	<i>Peatling, Andy</i>	1983	40	WRW	7,000
15	<i>Roy, Christian</i>	1981	42	LMRL	6,200
MEN - HOMMES 45-49					
1	<i>Washbrook, Ian</i>	1977	46	FTH	101,300
2	<i>ELSE, Trevor</i>	1978	45	CLIP	37,700

3	<i>Marchant, Tyler</i>	1978	45	OMSC	33,450
4	<i>Sanchez, Carlos</i>	1975	48	WRW	28,800
5	<i>Scofield, Trevor</i>	1974	49	WRW	28,000
6	<i>Ferland, Frédéric</i>	1976	47	CNMM	25,250
7	<i>Mertz, Kevin</i>	1976	47	SSSM	15,450
8	<i>GARNEAU, Dave</i>	1976	47	CNSF	13,600
9	<i>Yorston, Kelly</i>	1978	45	SSSM	12,675
10	<i>Karkut, Jeff</i>	1975	48	SSSM	12,625
11	<i>Volstedt, Charl</i>	1977	46	OMSC	12,450
12	<i>Cusnir, Vitalie</i>	1978	45	CNMN	12,000
13	<i>Carignan, Hugo</i>	1978	45	CNMM	11,300
14	<i>Herman, Didier</i>	1978	45	CNMM	9,500
15	<i>El Kasmi, Yassin</i>	1974	49	CNMN	4,000
16	<i>Desbiens, Patrice</i>	1978	45	LMRL	3,000
17	<i>Charest, Dany</i>	1978	45	LMRL	2,550
18	<i>Bolduc, Joël</i>	1978	45	CNMM	2,000

MEN - HOMMES 50-54

1	<i>Cropo, Steve</i>	1972	51	WRW	37,600
2	<i>Greenwood, Rob</i>	1972	51	WRW	29,600
3	<i>Wilson, Russ</i>	1969	54	WRW	28,400
4	<i>Duchesne Steeve</i>	1970	53	CNMM	26,300
5	<i>Audet, Erick</i>	1970	53	CMNQ	22,575
6	<i>Bouchard, Martin</i>	1969	54	LMRL	20,800
7	<i>Edmondson, Jonathan</i>	1973	50	WRW	18,200
8	<i>Caron, Frederic</i>	1971	52	LMRL	15,100
9	<i>Nel, Anton</i>	1970	53	OMSC	13,050
10	<i>Kotowich, Steven</i>	1972	51	OMSC	10,350
11	<i>Bathgate, Jonathan</i>	1972	51	OMSC	7,250

MEN - HOMMES 55-59

1	<i>Samson, Marc</i>	1965	58	CNMM	34,000
2	<i>Aitchison, Dave</i>	1964	59	OMSC	16,800
3	<i>Davies, Owen</i>	1967	56	WRW	15,500
4	<i>Knox, Alasdair</i>	1966	57	OMSC	11,650
5	<i>Scarth, Brian</i>	1968	55	WRW	10,800
6	<i>Brassard, Éric</i>	1964	59	CNMN	7,350
7	<i>POTVIN, Louis</i>	1968	55	CNSF	5,850

MEN - HOMMES 60-64

1	<i>Tardif, Marc</i>	1962	61	LMRL	39,400
2	<i>Weltzin, Garry</i>	1959	64	WRW	35,750
3	<i>Beaulieu, Jean-Yves</i>	1962	61	CNMN	26,500
4	<i>Nicholson, Ross</i>	1963	60	WRW	24,150
5	<i>Azlag, Ayad</i>	1959	64	CNMN	24,000
6	<i>Moreau, André</i>	1961	62	CNMN	21,000
7	<i>Zayonc, David</i>	1962	61	WRW	20,800
8	<i>Arnholz, Tim</i>	1959	64	OMSC	16,350
9	<i>Weiss, Gary</i>	1962	61	WRW	15,000
10	<i>Hunter, James</i>	1963	60	WRW	10,800
11	<i>Spice, Lee</i>	1959	64	OMSC	10,300
12	<i>Severns, Chris</i>	1961	62	WRW	9,700
13	<i>Jo, Chris</i>	1962	61	WRW	6,600

MEN - HOMMES 65-69

1	<i>Sterenberg, Greg</i>	1958	65	OMSC	27,450
2	<i>Brinkhof, Jos</i>	1955	68	OMSC	12,550
3	<i>Hider, Chris</i>	1954	69	OMSC	12,000

MEN - HOMMES 70-74

1	<i>Uncles, Paul</i>	1953	70	WRW	28,000
2	<i>MACKINNON, John</i>	1952	71	CLIP	24,500
3	<i>Scanlon, Paul</i>	1952	71	WRW	15,600